

**LIST OF NUTRITION INTERVENTION PROGRAMS IN THE KWAHU  
WEST MUNICIPALITY FOR 2021**

- 1 In-school and out of school iron folate tablets supplementation for adolescent girls aged 10-19 years (GIFTS – Girls Iron Folate Tablet Supplementation)
- 2 Vitamin A supplementation of infants and children aged 6-59 months
- 3 Zinc supplementation in management of diarrhea
- 4 Daily iron and folic acid supplementation during pregnancy
- 5 Promotion on the consumption and use of fortified food product e.g. wheat flour and vegetable oil
- 6 School aged nutrition with focus on reducing free sugar intake and increase in the consumption of fruits and vegetables in children to reduce the risk of non-communicable disease
- 7 Health promotion and education on food hygiene and safety for food vendors and caterers of school feeding program
- 8 Behavior change communication on infant and young child feeding with focus on exclusive breastfeeding for the first six months of life, continued breast feeding till 24 months and timely introduction of complementary feeding.
- 9 Growth monitoring for children below 59 months (0-59 months).